

**Did not find what you were looking for?  
Would you like your organization listed?  
Want more info on interagency meetings?**

Without the assistance of numerous community groups and local volunteers, many of our services and programs would not be possible. We are always looking for new partnerships and welcome all community members to explore our various volunteer options.



**Please contact:**

Family & Community Support  
Services Lamont County Region

780-895-2233



Check us out on Facebook

[www.facebook.com/  
FCSSlamontcountyregion](http://www.facebook.com/FCSSlamontcountyregion)

## **Family & Community Support Services Lamont County Region Interagency**



# **Community Services Directory**

# For Emergencies call 911

## Health Link - 811

**FCSS Lamont County Region**

780-895-2233

**Toll Free**

1-877-895-2233

- The FCSS philosophy is based on a belief that self-help contributes to a sense of integrity, self-worth, and independence. Programs developed are intended to help individuals in their community to adopt healthy lifestyles, thereby improving the quality of life and building the capacity to prevent and/or deal with crisis situations should they arise.

### Government of Canada - Federal

**Service Canada**

1-800-622-6232

- Provides Canadians with a single point of access to a wide range of government services and benefits.

**Canada Revenue Agency**

1-800-959-8281

Individual Tax Inquires

- Tax information for individuals, trusts, international tax and non-residents, including personal income tax returns, instalments and RRSPs.

**Canada Revenue Agency**

1-800-387-1193

Benefit Inquires

- Information on the Canada child benefit (CCB), the GST credit, and related provincial and territorial programs, as well as the child disability benefit and children's special allowance.

**Canadian Anti-Fraud Centre**

1-888-495-8501

Contact if you suspect that you may be a target of fraud, if you want to report a fraud, or if you need more information.

**Alberta Fish and Wildlife**

780-310-3773

Information, regulations and legislation on fish and wildlife species and management in Alberta. Report a poacher.

Smoky Lake

780-656-3556

Vegreville

780-632-5410

## Notes

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### In event of an Emergency

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**PADIS (Poison & Drug Information Centre)**

1-800-332-1414

Free, confidential expertise & Advice 24/7 on poisons, chemicals, medications, and herbals.

**911**

Fire, Police or Medical Emergencies.

**811**

Health Link provides free nurse advice and general health information for Albertans 24/7

## Emergency Services

Lamont County Bylaw Officer	780-895-2233 EXT 240
Andrew Fire Station	780-365-3731
Bruderheim Fire Station	780-796-3966
Chipman Fire Station	780-363-3811
Lamont Fire Station	780-895-2277
Mundare Fire Station	780-764-3929
Fort Saskatchewan R.C.M.P	780-992-6100
Two Hills R.C.M.P	780-657-2760
Vegreville R.C.M.P	780-632-2155

## Education Services

Andrew School	780-365-3501
Bruderheim School	780-796-3936
Lamont Elementary	780-895-2269
Lamont High School	780-895-2228
Mundare School	780-764-3962

## Recreation

Andrew Arena	780-365-3741
Karol Maschmeyer Arena Bruderheim	780-796-3050
Lamont Recreation Centre	780-895-2410
Mundare Arena	780-764-3022
Mundare Bowling Alley	780-764-3929
Whitetail Crossing Golf Club Mundare	780-764-399

## Child Development, Parenting, & Family

### **Community Adult Learning Council (CALC)** 780-895-2233

- To inspire lifelong learning, advance adult literacy and foundational learning programs and strengthen our communities.

### **Lamont County Family Day Home Program** 780-895-2233 Ext. 217

- FCSS Lamont County is a licensed and accredited provider of Day Homes in Lamont County. Family Day Homes are private residences offering an approved family Day Home service that is monitored and supported by a government contracted Family Day Home agency.

### **Kalyna Family Resource Centre Lamont County** 780-895-2233

- FRN delivers high quality prevention and early intervention services and supports for children aged 0-18.

### **Community Association for Lasting Success (CALS)** 780-632-3225

- CALS offers programs and services that support families and enhances the development and wellbeing of children. Their programs support the belief that parents are their child's first and most important teacher.

### **Vegreville FCSS** 780-632-3966

- Provide programs and services that help prevent crisis and take care of the social well-being of the Community.

### **WJS Canada (Vegreville)** 780-632-2332

- **Caring Families Program** - Support for pregnant women and caregivers with children aged 0-6
- **Family Resilience Program** - Supports for families with children and youth aged 7-18

## Help Lines

### **Distress Line** 780-482-4357

- The Distress Line provides confidential, non-judgmental, and short-term crisis intervention, emotional support, and resources to people in crisis or distress. We also support family, friends, and caregivers of people in crisis.

### **A Safe Place** 780-464-7233

- A Safe Place provides support and resources to overcome domestic abuse. The Strathcona Shelter Society operates an emergency shelter for women and children, a crisis and family violence information line, provides community outreach, and public education to end domestic violence in our community.

### **Bullying Canada** 1-877-352-4497

- BullyingCanada is the only national anti-bullying charity solely dedicated to creating a brighter future for bullied youth. What began as a youth-created website to bringing together bullied kids and providing information on bullying—and how to stop! Now a full 24/7 support service.

### **Kids help phone** 1-800-668-6868

- Kids Help Phone is Canada's only 24/7 e-mental health service offering free, confidential support to young people. As the country's virtual care expert, we give millions of youth a safe, trusted space to get support through phone or text and access self-directed tools in any moment of crisis or need.

### **Mental Health Help Line** 1-877-303-2642

- The Mental Help Line is a 24-hour, 7 day a week confidential service that provides support, information and referrals to Albertans experiencing mental health concerns.

### **Prairie Central Fetal Alcohol Spectrum Disorder Assessments** 780-385-3976 587-386-0186

- Ensuring Services are coordinated and facilitated to individuals impacted by Fetal Alcohol Spectrum Disorder.

### **Seniors Abuse Hotline** 780-454-8888

- The Seniors Abuse Helpline provides confidential, non-judgmental, and short-term crisis intervention, emotional support, and resources to those who are experiencing or concerned about someone else experiencing seniors' abuse.

## Career and Employment

### **EmployAbilities** 780-603-8182

- EmployAbilities, provides skill development, education, and employment services to adults and youth with medical conditions, mental health challenges, permanent injuries, disabilities, and employment barriers.

### **Community Futures Elk Island Region** 780-632-6064

- Community Futures has been helping businesses grow in rural Alberta, and at Community Futures Elk Island Region we've been helping our region turn their business ideas into reality through FREE business planning, and coaching. Located in Vegreville

### **BGS Enterprises** 780-425-6655

- Focuses on helping Individuals achieve their career goals. This support ranges from locating employment that best meets their skills & abilities to determining what training they require to move forward in their chosen career. In addition, BGS works closely with employers to assist them in achieving their recruitment and retention goals.

### **Vegreville Alberta Supports** 780-632-8686 Financial support, employment services and career resources.

### **Aboriginal Programs** 780-481-3451 Provides direction and support for a variety of services targeting Aboriginal children, youth and their families and adults ages 18 and older.

## Centre's and Shelters

## Help Lines Continued...

### **Youth Empowerment & Support Services**

780-468-7070

- Based in Edmonton, Youth Empowerment and Support Services (YESS) provides immediate and low-barrier 24/7 shelter, a drop-in resource centre, temporary supportive housing, temporary independent cohort housing, and individualized wrap-around supports for young people aged 15–24.

### **Sexual Assault Centre Edmonton**

780-423-4102

- Support people impacted by sexual violence and engage communities to promote respect and uphold a culture of consent.

### **Herb Jameson Centre (For Men)**

780-429-3470

- The Herb Jamieson centre is a primary shelter for homeless men. Located in Edmonton They have over 400 beds and is available 24/7, They offer medical care and addiction recovery.

### **Saffron Centre Sherwood Park**

780-449-0900

- The Saffron Centre provides counselling services to those who have suffered from sexual violence, as well as those support persons, family members, etc., of someone who has experienced sexual violence.

### **Edmonton WIN House**

780-479-0058

- WIN House has one purpose: to give victims the hope and help they need to overcome gender-based abuse. Throughout Edmonton and area for over five decades, They have given women and children of all ages and cultures a safe place to flee.

### **Canada Suicide Prevention Services**

1-833-456-4566

- Is a national network of existing distress, crisis, and suicide prevention line services. Connecting with them can help you find strategies to cope and link you to local resources. Available help 24/7. You can also send a text to 45645 between 4pm – 12am.

### **Child Abuse Hotline**

1-800-387-5437

- To get help if you, or children you know, are being neglected, abuse, or sexually exploited. If you believe a child is at risk, you must report it. Help is available in multiple languages 24/7.

### **Crime Stoppers Hotline**

1-800-222-8477

- Helping to stop, solve and prevent crime. Crime Stoppers provides citizens with a vehicle to anonymously supply the police with information about a crime or potential crime of which they have knowledge.

### **Prevention of Family Violence Hotline**

780-310-1818

- Family violence is an abuse of power in a family or other trusting relationship where people rely on each other. When someone experiences family violence, their well-being, security, and survival are threatened. Family violence is a crime and people have legal rights to protection.

### **Alzheimer's Society**

1-800-616-8816

- To alleviate the personal and social consequences of Alzheimer's and related diseases and to promote the search for causes, treatments, and a cure.

### **Protection for Persons in Care**

1-888-357-9339

- For concerns about the safety of a vulnerable adults.

### **People in Care**

[www.alberta.ca/people-care.aspx](http://www.alberta.ca/people-care.aspx)

- Information for caregivers that are supporting family members who are no longer able to care for themselves.

### **Vegreville Child & Family Services**

780-603-2500

- Child intervention, Family & Community Services, Family Services for Children with disabilities, and adoption, foster and kinship care.

## Support Services

### **Veg A-Drug Society** 780-632-6617

- Outpatient counselling services for: alcohol, other drugs and problem gambling. General topics in addiction prevention and Mental Health Promotion.

### **Alberta Addictions Helpline** 1-866-332-2322

- The Addiction and Mental Health Help Line is a 24-hour, 7 day a week confidential service that provides support, information and referrals to Albertans experiencing addiction and mental health concerns, including problem gambling. The service is staffed by a multidisciplinary team comprised of nurses, psychiatric nurses, social workers, occupational therapists, and psychologists. It operates 24 hour a day, seven days a week and is available to all Albertans.

### **Alberta Brain Injury Network** 780-645-3441

- Part of a province wide network servicing adults with an acquired brain injury and their families.

### **Alberta Supports** 1-877-644-9992

- Benefits and services for: Income Support, Work or Training, Disabilities, Abuse and Bullying, Family Violence, Homelessness, Making Life Decisions and more.

### **AISH Alberta** 780-632-8675

- Assured Income for the Severely Handicapped provides financial and health related assistance to eligible adults with a disability.

### **Addictions Youth Services Edmonton** 780-422-7383

- Primarily focuses on providing youth with the resources and help to conquer their substance, drug, and alcohol abuse problems. They offer an Intensive Outpatient program who want a very structured program but want to live at home rather than at the facility.

### **Lamont County Housing Foundation** 780-895-2573

- The Lamont County Housing Foundation provides accommodation and housing in several locations through-out Lamont County to seniors fifty-five years and over, to the disabled who still have the ability/desire to live independently or to those whose handicap will not compromise their need for independence, dignity, and quality of life.

## Support Services Continued...

### **Child & Youth Virtual Telepsychiatry Services** 780-538-5501

Mental Health therapists & psychiatrists for children and youth under the age of 18, in rural areas of Northern Alberta.

### **Rehabilitation Advice Line** 1-833-379-0563

A telephone service which provides free rehabilitation advice and general health information for Albertans.

### **Text4Hope** [www.ahs.ca/text4hope](http://www.ahs.ca/text4hope)

Text - COVID19HOPE to 393939 to subscribe

Text - Open2Change to 393939 to subscribe to the addictions program

Text CancerCare to 393939 to subscribe to the cancer program

Provides advice and encouragement through daily text messages that can be helpful in developing healthy personal coping skills and resiliency.

### **Fort Saskatchewan Community Hospital** 780-998-2256

- The Fort Saskatchewan Community Hospital is an acute care facility, located northeast of Edmonton, offering a range of acute and outpatient care including 24-hour emergency services, women's health, and ophthalmology.

### **Lamont Health Care Centre** 780-895-2211

- Lamont Health Care Centre is a multilevel facility which is operated by a Board under an affiliation with The United Church of Canada. Although the care and service They provide is not limited to any community, our services are geared to meet the needs of residents within Lamont County and municipalities within the County.

### **County of Lamont Food Bank** 780-619-6955

Drop off times is Thursdays from 8:00am - 9:00am

And 11:00am—1:00am

### **Vegreville Food Bank** 780-632-6002

Open year round Tuesdays & Fridays. 10:00am - 12:00pm

### **Fort Saskatchewan Food Bank** 780-998-4099

For Hamper Ordering/Collection, and Donation Drop-Off

Tuesday: 10 AM - 7 PM

Thursday: 10 AM - 5 PM

#### **Office Hours**

Monday Wednesday Friday 9:00am - 2:00pm